



# 8 SPORTING MOMENTS

## GRAMMAR

### Past continuous SB p.76

#### 1 ★★★ Complete the text with *was* or *were*.

It was a cold winter's morning. It <sup>0</sup> was raining a little. Mums and dads <sup>1</sup> \_\_\_\_\_ standing by the school football field. They <sup>2</sup> \_\_\_\_\_ chatting and drinking coffee to keep warm. They <sup>3</sup> \_\_\_\_\_ waiting for the game to begin. On the field, their daughters <sup>4</sup> \_\_\_\_\_ getting ready for the big match. Some of them <sup>5</sup> \_\_\_\_\_ running and others <sup>6</sup> \_\_\_\_\_ kicking balls about. The goalkeeper <sup>7</sup> \_\_\_\_\_ practising catching the ball. Everyone was excited. It was the final of the under 16s girls football tournament. Mr Fletcher, the headmaster, <sup>8</sup> \_\_\_\_\_ cleaning his glasses. He put them on, took the whistle out of his pocket, and blew it.

#### 2 ★★★ Complete the text. Choose the correct words and write them in the correct form.

jump | take | cry | clap | sit | hold  
not feel | talk | not enjoy

I got there very late. The game was over. The girls of Blacon High School <sup>0</sup> were jumping up and down. They were the champions. Their proud parents <sup>1</sup> \_\_\_\_\_. One girl <sup>2</sup> \_\_\_\_\_ up the trophy and showing it to the crowd. She wasn't being very careful and I was afraid she might drop the trophy, but luckily she didn't. A journalist <sup>3</sup> \_\_\_\_\_ lots of photos. But not everyone was happy. The girls on the losing team <sup>4</sup> \_\_\_\_\_ on the ground. Some of them had their heads in their hands and they <sup>5</sup> \_\_\_\_\_. They certainly <sup>6</sup> \_\_\_\_\_ the celebrations. Mr Fletcher <sup>7</sup> \_\_\_\_\_ to them but they <sup>8</sup> \_\_\_\_\_ great. Another year and still no trophy.

## Pronunciation

Strong and weak forms of *was* and *were*

Go to page 120.



#### 3 ★★★ Complete the sentences. Use the past continuous of the verbs and the information in brackets.

- 0 Paula wasn't watching TV, she was playing games.  
(– watch TV / + playing games)
- 1 I \_\_\_\_\_, I \_\_\_\_\_.  
(– write an email / + write my blog)
- 2 They \_\_\_\_\_, they \_\_\_\_\_.  
(– speak Polish / + speak Russian)
- 3 We \_\_\_\_\_, we \_\_\_\_\_.  
(– fight / + play)
- 4 Dad \_\_\_\_\_, he \_\_\_\_\_.  
(– read / + listen to the radio)

#### 4 ★★★ Match the questions and answers.

- |                                  |                                       |
|----------------------------------|---------------------------------------|
| 0 Were you listening to me?      | <input checked="" type="checkbox"/> d |
| 1 Was he laughing?               | <input type="checkbox"/>              |
| 2 Was it raining?                | <input type="checkbox"/>              |
| 3 Were they talking?             | <input type="checkbox"/>              |
| 4 Was I sleeping?                | <input type="checkbox"/>              |
| 5 Were we making a lot of noise? | <input type="checkbox"/>              |
- a Yes, it was. We got really wet.  
b Yes they were but I didn't hear what they said.  
c Yes, I think you were.  
d Yes, I heard everything you said.  
e No, I don't think we were.  
f No, he wasn't. He didn't think it was very funny.

#### 5 ★★★ Answer the questions so they are true for you.

What were you doing ...

- 1 at 7 am today? \_\_\_\_\_
- 2 at 6 pm yesterday? \_\_\_\_\_
- 3 this time yesterday? \_\_\_\_\_
- 4 at 10 o'clock last Sunday morning? \_\_\_\_\_

## Past continuous vs. past simple SB p.79

## 6 ★★★ Match the sentence halves.

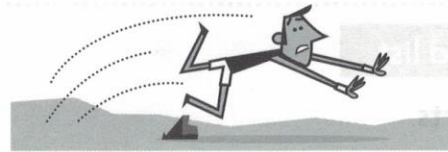
- 0 While the teacher was talking,  
 1 Evan was drinking coffee  
 2 The boys were fighting  
 3 They were looking at the map  
 4 While I was reading in the bath,  
 5 I was brushing my teeth  
 a and he burned his mouth.  
 b when their mum walked into the room.  
 c I dropped my book in the water.  
 d but my toothbrush broke.  
 e I put my hand up to ask a question.  
 f when they realised they were lost.

e  
☐  
☐  
☐  
☐  
☐  
☐

## 7 ★★★ Circle the correct words.

- 0 Matthew played / was playing the guitar when he fell / was falling off the stage.  
 1 I did / was doing my homework when my sister came / was coming into the room.  
 2 John and his sister walked / were walking to school when the accident happened / was happening.  
 3 I talked / was talking about Kiki when she phoned / was phoning me.  
 4 While Anna tidied / was tidying up her room, she found / was finding her watch.  
 5 While Alison studied / was studying, she remembered / was remembering it was her mum's birthday.  
 6 When we found / were finding out about the accident, we watched / were watching TV.

## 9 ★★★ Write two sentences about each picture.



- 0 Paul / jog / trip over / stone  
 While Paul was jogging, he tripped over a stone.  
 Paul was jogging when he tripped over a stone.



- 1 Gordon / rock-climb / drop / bag



- 2 May / windsurfing / fall / sea



- 3 Sue / volleyball / run into / net

## when and while SB p.79

## 8 ★★★ Complete the sentences with when or while.

- 0 While I was trying to get to sleep, the dog started barking.  
 1 She was eating an apple when she bit her tongue.  
 2 We were driving in the car when we saw Robin on his bike.  
 3 When I was paying for the T-shirt, I realised I didn't have any money.  
 4 Olivia was having dinner when the phone rang.  
 5 When I was walking into town, I saw I had different socks on.

## GET IT RIGHT!

## Past continuous

We form the past continuous with **was/were + the -ing form of the verb**. We use **was** with singular subjects and **were** with plural subjects.

- ✓ We **were playing** football when it started to rain.  
 ✗ We **was** playing football when it started to rain.  
 ✓ I **was windsurfing** when the accident happened.  
 ✗ I **were** windsurfing when the accident happened.

Complete the sentences with **was** or **were**.

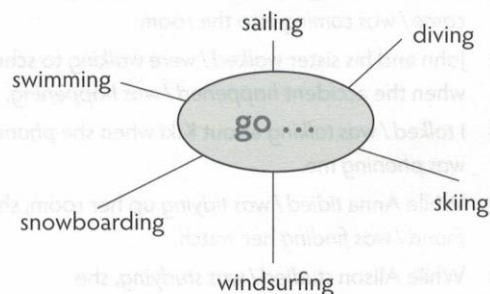
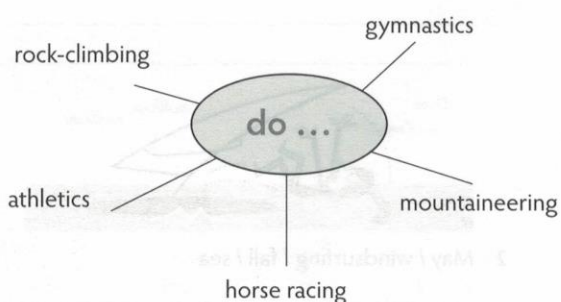
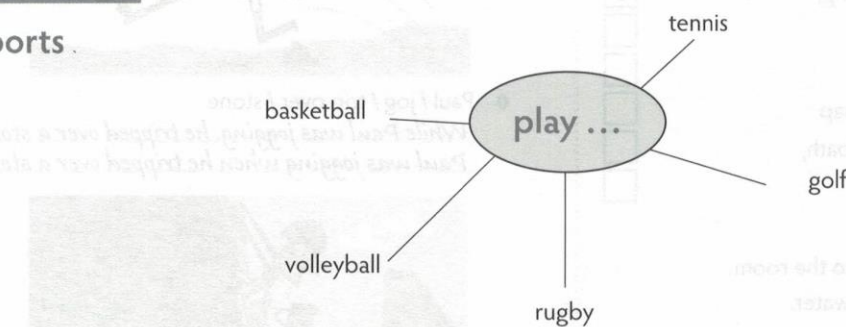
- 1 The rain started while they                      having a picnic.  
 2 My friends and I                      enjoying the competition, when the TV stopped working.  
 3 My brother                      winning the race when he fell off his bike.  
 4                      you driving when it started to snow?



## VOCABULARY

### Word list

#### Sports



#### Sequencing

at first → then → after → finally

#### Key words in context

**marathon**

The **marathon** is just over 42 km.

**spectator**

More than 100,000 **spectators** watched the final.

**athlete**

There are **athletes** from all over the world at the Olympics.

**medal (bronze, silver, gold)**

We didn't win a **medal** but we had a lot of fun.

**stadium**

The **stadium** was completely full. There wasn't an empty seat anywhere.

**trophy**

The captain put the **trophy** above his head and showed it to the spectators.

**goal**

I scored the winning **goal** in the last minute of the match.

**winner**

The **winner** of each race gets a gold medal.

**accident**

The driver had a serious **accident** but luckily no-one was hurt.

**shine**

The sun **is shining**. Let's go to the beach.

**dream**

My **dream** is to play football for Manchester United one day.

**practise**

You need to **practise** every day if you want to be the best.

**competitive**

My dad's so **competitive**. He always wants to win.

**lose control**

The driver **lost control** of the car and crashed into a wall.

**take place**

The 2014 World Cup **took place** in Brazil.

**cross**

The first person to **cross** the line is the winner.

**grab**

She **grabbed** the dog to stop it from running away.

## Sports SB p.76

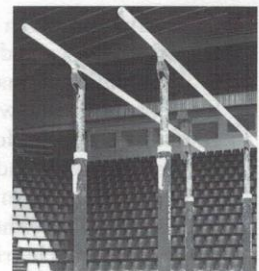
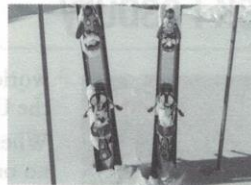
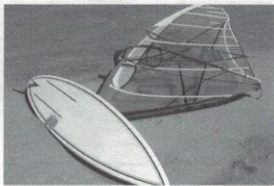
- 1 ★★★ Use the picture clues to find the sports, then fit the sports into the word lines. The black boxes contain the last letter of one word and the first letter of the next word. There are four sports that don't fit in the word lines. What are they?

1 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_ 4 \_\_\_\_\_

\_\_\_\_\_ S \_\_\_\_\_

\_\_\_\_\_ G \_\_\_\_\_ S \_\_\_\_\_

\_\_\_\_\_ S \_\_\_\_\_ G F \_\_\_\_\_



- 2 ★★★ Which sport is the odd one out in each list, and why?

0 tennis / rugby / windsurfing / basketball

Answer: windsurfing, because the other sports all use balls.

1 skiing / snowboarding / swimming / ski jumping

Answer: \_\_\_\_\_, because \_\_\_\_\_

2 windsurfing / rock-climbing / sailing / diving

Answer: \_\_\_\_\_, because \_\_\_\_\_

3 tennis / rugby / volleyball / football

Answer: \_\_\_\_\_, because \_\_\_\_\_

- 3 ★★★ Write sentences. Use the expressions in the list to start each sentence.

At first | Finally | Then | After half an hour

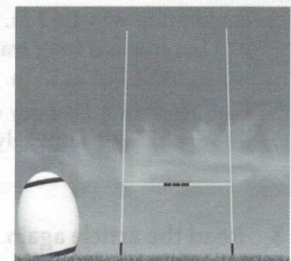
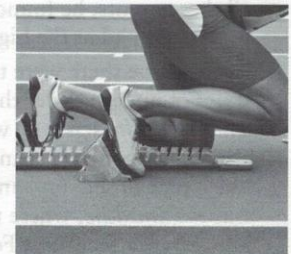
0 nervous

At first, I was nervous.

1 instructor / show / what to do

2 could stand up

3 ski / down the hill



- 4 ★★★ Write a mini-story. Use the expressions and your own ideas.

The Tennis Game

1 At first ... 3 After ...

2 Then ... 4 Finally ...