

English Class 1st Semester Year 12 (FINAL YEAR)

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EDUCACIÓN
MEDIA



NORTH AMERICAN COLLEGE
HACIA UN FUTURO CON FE
BUILD YOUR FUTURE WITH FAITH



Unit 7.1



Semana del 23 al 27 de marzo

Formato de fechas:

Monday 23rd March 2020 (se modifica el día de la semana y la fecha dependiendo de cuando les toca inglés)





Contents

• Unit 7.1 Comparative and Superlative Adverbs

ADVERB	COMPARATIVE	SUPERLATIVE
Regular:	+ more...	+ the most...
QUICKLY	MORE QUICKLY	THE MOST QUICKLY
Irregular:		
WELL	BETTER	THE BEST
BADLY	WORSE	THE WORST
HARD	HARDER	THE HARDEST
FAR	FURTHER	THE FURTHEST
A LOT	MORE	THE MOST
NOT MUCH	LESS	THE LEAST





- We use **comparative and superlative adverbs** to compare the way people do things.

Example: Sara works more quickly than I do.



Who can swim the furthest?

- We use **than** after comparative adverbs

Example: He works harder than the others.



- We use **more, the most, less and the least** to compare how much someone does something

Example: I enjoy basketball more than football



I like swimming the least.

- We can use words like **much** and **a bit** to modify comparative adverbs.

Example: Anna works much harder than I do

I can ski a bit better than I can snowboard.





VOCABULARY 7.1



• A. SPORTS

1. CLIMBING: ALPINISMO/MONTAÑISMO
2. DO ATHLETICS: HACER ATLETISMO
3. DO FENCING: HACER ESGRIMA
4. DO KARATE: HACER KARATE
5. GO CYCLING: HACER CICLISMO/ ANDAR EN BICICLETA
6. GO HORSE-RIDING: MONTAR A CABALLO / HACER EQUITACIÓN
7. GO RUNNING: SALIR A CORRER
8. GO SHOOTING: IR DE CAZA
9. GO SNOW BOARDING: HACER SNOWBOARD
10. GO SWIMMING: IR A NADAR
11. GO WINDSURFING: HACER WINDSURF
12. PLAY FOOTBALL: JUGAR FUTBOL
13. PLAY GOLF: JUGAR GOLF
14. PLAY HOCKEY: JUGAR HOCKEY
15. PLAY TENNIS: JUGAR TENIS
16. SAILING: NAVEGAR
17. WATER SPORTS: DEPORTES ACUÁTICOS
18. YATCHING: VIAJAR/NAVEGAR EN YATE

B. SPORTS WORDS

1. BALL: BALÓN/PELOTA
2. BOOTS: BOTAS
3. COURT: CANCHA / PISTA
4. FOOTBALL: FUTBOL
5. GLOVE: GUANTES
6. GOAL: META
7. HELMET: CASCO
8. PITCH: CAMPO/ CANCHA/ LANZAR (BASEBALL)
9. RACKET: RAQUETA
10. RIDING SCHOOL: ESCUELA DE EQUITACIÓN
11. RUNNING SHOES: ZAPATOS PARA CORRER
12. SHOOTING RANGE: CAMPO DE TIRO
13. SHORTS: PANTALONES CORTOS
14. SWIMMING POOL: PISCINA
15. SWIMSUIT: TRAJE DE BAÑO
16. TARGET: BLANCO / META
17. TRACK: HIPÓDROMO / PISTA
18. UNIFORM: UNIFORME



Semana del 30 de marzo al 3 de abril





I could easily swim further

E Reading Part 2 | V sport | L comparative and superlative adverbs



Vocabulary: sport



1 Match the sports to the pictures.

athletics ___ cycling ___ fencing ___ football ___ golf ___ hockey ___
horse-riding ___ karate ___ rock-climbing ___ running ___ shooting ___
snowboarding ___ swimming ___ tennis ___ windsurfing ___



2 You will hear an interview with Kirsty Muir, an athlete, about training for the modern pentathlon. Which sports does she talk about?

3 Listen again and complete Kirsty's training timetable.

9.30	10.30	12.00 lunch	1.30	3.00	3.30	6.30	7.30 exercises
------	-------	----------------	------	------	------	------	-------------------



4 Put the sports from Activity 1 in the correct column.

go...	play...	do...
swimming		



107 Language focus: comparative and superlative adverbs

5 Read the sentences and choose the correct ending to the rule.

*I could easily swim further.
Shooting's the sport I enjoy the least.*

We use comparative and superlative adverbs to compare
people or things / the way people do things.



6 Look at the triathlon results table and complete the sentences using comparative or superlative forms.

	Cycling	Swimming	Running	Total
Kirsty	2 points	2 points	3 points	7 = Gold
Ludmila	1 point	3 points	2 points	6 = Silver
Helene	3 points	1 point	1 point	5 = Bronze



- Kirsty ran _____ (well) than she usually does but she didn't swim _____ (fast).
- Ludmila cycled _____ (badly) than Kirsty and Helene but she did the _____ (well) in swimming.
- Helene ran _____ (slow) than the other two but she tried _____ (hard).

**Exam tip** ✓ 70

- Two or three texts will look like possible answers so read carefully to find the correct one.



- 1 Juan wants to spend half a day learning a water sport that he can do when the waves are not big enough for surfing. He dislikes being part of a group.



- 2 Claire would like to try climbing but is nervous about heights. She doesn't want to spend much money to start with.



- 3 Marie is a non-swimmer who has not done any exercise for a long time. She loves speed and wants to try a new activity for half a day.



- 4 Lech, Monika and their twelve-year-old daughter are all confident swimmers. They'd like to learn a new water sport on a half-day course.



- 5 Peter and his eighteen-year-old son Dan want to spend a day together doing a range of outdoor activities that they will find challenging. They also hope to see some wildlife.

Sports courses**A Swindale Beach**

Learn respect for the sea by booking a place on this two-hour ocean knowledge session. Basic life-saving and sea safety techniques are covered, making it an excellent introduction for anyone of 14 or over planning to take up water sports.

C Ramsey Rocks

On this exciting six-hour adventure, you will climb over cliffs and rocks and jump from them into the sea. You can explore sea caves and you'll see a variety of birds and other creatures. A professional guide is responsible for the safety of the six group members at all times. Minimum age 16.

E Boulder Crag

We offer one-day introductory courses to this challenging rock-climbing activity. It is done without safety ropes, just a few metres off the ground and so is suitable for children. Only climbing shoes are needed, as helmets and a thick landing mat are provided.

G Glaze Lake

This calm lake is the ideal venue for beginners of all ages to learn to windsurf. If, after our four-hour taster lesson you are unable to sail your board, we will give you back your money! Teaching groups are according to age and ability with a maximum of six members.

B Portloebar

When the sea's too rough for sailing, try land yachting. In a taster session lasting three hours you will first learn to stop and turn by using the sail: land yachts have no brakes or steering wheel and can reach 50 kph! This beach sport is fast and fun and requires little fitness.

D Carlport Island

On this one-day sea outing with qualified instructors, you first learn the basics of how to control your boat. You will then sail round the island, stopping for a picnic lunch at one of the island's many hidden beaches. Dolphins and seals are often seen.

F Lasham

Learn the absolute basics of traditional rock-climbing in a day on this fun course. No experience is required but you must be prepared to work hard to reach the top. We recommend you wear climbing shoes and waterproof trousers and jacket. Groups will be kept small.

H Whitesands

In this brand new activity from the US, you stand on a six-metre long board and use a large paddle. This allows you to ride waves when the sea's too calm to use your regular surf board. You'll need strength, surfing experience and good balance for one of our individual two-hour lessons.

Speaking

- 8 Make questions from the prompts and talk to your partner about the sports in the texts above.

- You / ever / try / any of these activities?
- Which / like / do / most? Why?
- Which / like / do / least? Why?



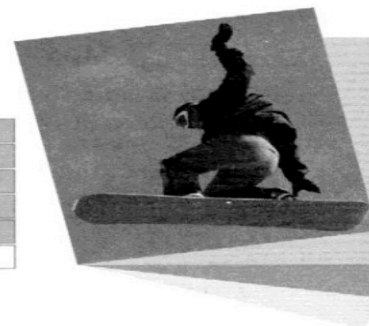
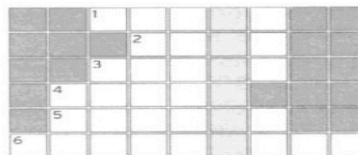
Semana del 6 al 10
de abril



Language practice

1 Use the clues to complete the puzzle. What is the highlighted word?

- 1 You need this for surfing on the sea or snow.
- 2 You kick the ball into the net to score this.
- 3 Hockey and football are played on this.
- 4 You run races on this.
- 5 This protects your head.
- 6 This is a word for running and jumping, etc.



2 Complete the sentences with a comparative or superlative adverb formed from one of the adjectives in the box.

bad careful easy frequent good

- 0 My sister drives more carefully than Lewis Hamilton.
- 1 You will be able to run faster if you train _____ than you do now.
- 2 Torres was 'man of the match' because he played _____.
- 3 You can ride a bike _____ when the wind is behind you.
- 4 I came last because I swam _____!

Exam practice: Reading Part 3

3 Look at the sentences below about adventure racing. Read the text to decide if each sentence is correct or incorrect. If it is correct, put a tick (✓) in the box under A for YES. If it is not correct, put a tick (✓) in the box under B for NO.

- 1 Adventure racing takes place at traditional sporting venues.
- 2 An event for first-time racers usually includes three different sporting skills.
- 3 Adventure racers sometimes have to climb the walls of tall buildings.
- 4 The tests for racers at checkpoints are designed to measure their levels of fitness.
- 5 There is an age limit for competitors.
- 6 There are organised opportunities for racers to improve their racing skills.

A: YES

B: NO

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Adventure racing

Adventure racing developed from the triathlon, the three-part athletics event in which athletes race on foot, on bikes and in the water. During the 1980s athletes added a range of other activities, and adventure racing was born.

A typical adventure race for beginners lasts 4–6 hours and includes swimming in a lake or river, mountain biking and running across rough countryside. Advanced-level races can be over several days and may include sports such as rock-climbing, mountaineering, roller-skating or skiing. A city event might include biking down stone stairs, getting through a large pipe or descending on a rope from the top of a block of flats.

Adventure races include checkpoints along the route, where racers are given tasks designed to test their ability to think clearly when physically very tired. For this reason, adventure racing is known as a 'thought sport': winning or losing depends not only on speed and strength, but also on skills such as map-reading, planning and decision-making.

Almost anyone can try adventure racing, but for insurance purposes, you have to be 18 or over. For entry-level races you should be able to swim 1 kilometre, cycle 20 kilometres and run 5 kilometres. However, the ability to keep going without giving up is just as important as your sporting skill.

If you decide to take adventure racing further, there are weekend training camps where you can learn more about various aspects of the sport, for example bike-handling, climbing down a cliff or race preparation! These courses usually end with a race in which you can try out what you have just learned.





Este material es solo para
practicar y también les muestra
una lista de comparative and
suprrlatives adverbs



<http://www.eflnet.com/tutorials/advcompsup.php>

Thank You



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