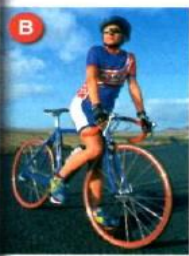


Adventurers and Explorers

6.1

The wind was blowing hard

E Reading Part 3 | V travel and transport | L past continuous and past simple



Vocabulary: travel and transport

1 Match the words to pictures A-G.

(aero)plane ___ bicycle ___ boat ___ bus ___
car ___ dog sled ___ train ___

2 Match each group of words to one of the ways of travelling.

- 0 to sail / cabin / deck / voyage *boat*
1 to take off / check-in / flight / baggage
2 to cycle / seat / brakes / helmet
3 to board / carriage / platform / announcement
4 to pull / snow / ice / luggage
5 to catch / traffic / passenger / route
6 to overtake / seat belt / windscreen / fuel

Exam practice: Reading Part 3

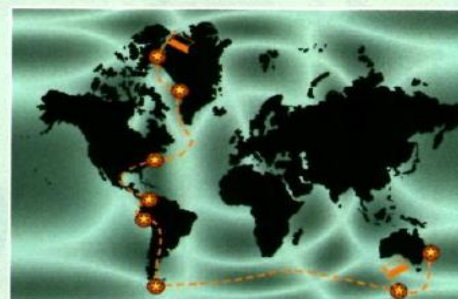
- 3 Read the title of the article about two young men who travelled from the North to the South Pole. Look at the map of their route and read the first sentence. What means of transport do you think they used on their journey?

From Pole to Pole – Manpowered

In May 2008, at the age of 20, Rob Gauntlett and James Hooper became the first people to travel from the North Pole to the South Pole without engines or motors, using only natural power.

They set off for the North Pole from Qaanaaq in Greenland on April 8th 2007. They began their journey on skis, but their progress was so slow that after a few weeks they changed to dog sleds. It was on this part of the journey that Rob almost lost his life. They were racing over the ice when Rob dropped his glove into the snow. As he was running back to get it, he fell straight through the ice into the freezing water, hitting his head as he fell. He lay face down in the water for three minutes until James was able to pull him out. 'It was four hours before he was rescued and taken to hospital,' explained James. 'Our parents wanted us to give up at that point, but we knew we had to continue.'

After their three-month trek on foot across the Arctic, Rob and James sailed from



Upemavik in Greenland to New York. There they began a 17,000-kilometre bike ride through Central and South America to Punta Arenas in Chile. Some of their best memories are of this part of the trip. 'We cycled 160 kilometres a day, which was tiring, but every night when we stopped, people met us with big smiles and offered us food!'

Exam tip

- Underline the important words in the sentences and text as you read.
- Check the sentences and text again. Make sure they say the same thing.

4 Read the text to decide if each sentence is correct (A) or incorrect (B).

	A: YES	B: NO
1 Many travellers have completed this journey without powered transport.	<input type="checkbox"/>	<input type="checkbox"/>
2 Rob and James changed to dog sleds in order to improve their speed.	<input type="checkbox"/>	<input type="checkbox"/>
3 Rob's accident in the Arctic happened because he fell off the dog sled.	<input type="checkbox"/>	<input type="checkbox"/>
4 Rob managed to climb out of the water alone.	<input type="checkbox"/>	<input type="checkbox"/>
5 Rob and James had to wait for several hours before help arrived.	<input type="checkbox"/>	<input type="checkbox"/>
6 The boys' parents persuaded them to continue with their journey.	<input type="checkbox"/>	<input type="checkbox"/>
7 People in South America were very friendly to Rob and James.	<input type="checkbox"/>	<input type="checkbox"/>
8 Both Rob and James were on deck when the storm hit their boat.	<input type="checkbox"/>	<input type="checkbox"/>
9 James was knocked off the boat during the storm.	<input type="checkbox"/>	<input type="checkbox"/>
10 Rob and James are confident that they will go on another journey together.	<input type="checkbox"/>	<input type="checkbox"/>



Language focus: past continuous and past simple

5 Look at the diagram. Which verb is in past continuous and which is in past simple?

← They were racing over the ice ... →

▲ ... when Rob dropped his glove.

6 Complete the rules with *past continuous* or *past simple*.

- A We use _____ to talk about completed actions in the past.
 B We use _____ to talk about activities in progress at a particular point in the past. We often link two activities with *while*.
 C We use _____ to talk about a longer activity interrupted by a shorter action. We use _____ for the shorter action.

Find four more examples of past continuous in the article. Do they match rule B or rule C?

7 Complete the sentences with the correct form of the verb in brackets.

Last week I (0) had (have) a nasty accident. I (1) _____ (ride) my bike when I (2) _____ (hit) a stone and (3) _____ (fall off). Luckily I (4) _____ (wear) a helmet. I (5) _____ (try) to stand up but my leg (6) _____ (hurt) too much. A young man (7) _____ (clean) his car nearby and he (8) _____ (see) the accident. He (9) _____ (go) inside to call an ambulance. While we (10) _____ (wait) he (11) _____ (make) me a cup of tea. We (12) _____ (start) chatting and (13) _____ (find out) that we used to go to the same school. We (14) _____ (still talk) when the ambulance (15) _____ (arrive) half an hour later.

Speaking

8 Tell your partner a story. It can be true or invented. Choose a title.

A nasty accident An exciting adventure A terrible journey

- Use **past continuous** to set the scene and give background details.
Who were the people in your story? What were they doing?
- Use **past simple** to tell the main events of the story.
What did the people do? What happened in the end?

Your partner must guess if the story is true or made up.

Finally the boys boarded their 107-metre yacht for the voyage across the Southern Ocean. But just four days before they reached the South Pole, a huge storm almost swept James into the sea. 'I was working on the deck while Rob was trying to sleep below. The wind was blowing at about 100 kph and the waves were rising 25 metres into the air. Suddenly a huge wave crashed into the boat. I wrapped my arms around a pole and held it tightly. The boat turned over on its side, but luckily when it came back up again I was still holding on.'

They finally sailed into Sydney Harbour, Australia, 396 days after setting off. Now back in the UK, the pair are working on a book and a documentary about their experiences. 'We don't have plans for another expedition just yet, but I'm sure we will one day. It's just a matter of time!'